



CHILD HEALTH ADVISORY COMMITTEE

Minutes

January 21, 2021 9:00 a.m. – 12:00 p.m. · Zoom

Call to order: 9:05 a.m.

Present (Zoom): Lucas Harder, Debie Head, Charles Hervey, Patrick Casey, Carole Garner, Melinda Kinnison, Michele Brown, Gary Williams, Tamara Baker, Paula Rawls, Cheria McDonald, Mike Motley, Rosa Hatch (Dr. Moises Moraga), Dave Oberembt, Elaine Prewitt, Jerri Clark
Absent: Loretta Alexander, Matthew Nix, Dan Breshears, Tammy Works
Staff: Ashley Williams, Shannon Borchert
Guests: Lisa Mundy

Review of November 2020 Minutes: M. Brown moved to adopt the minutes; T. Baker seconded the motion. Minutes adopted.

Act 1220 & Coordinated School Health Reports: C. Hervey moved to accept reports; P. Casey seconded motion. Reports were accepted.

Act 1220 Report (Shannon Borchert and Ashley Williams)

- Health & Wellness School Improvement Plans
 - District – 98% submission (only 4 districts with no submission)
 - School – 94% submission (64 out of 1034 schools with no submission)
- SWAG Schools:
 - Central High School
 - Conway High School
 - Concord High School
 - Ouachita High School
 - Yellville-Summit High School
 - Bryant Middle School
 - Osceola High School
 - Pocahontas Jr. High School
- SWAG participation:
 - October: 78 students
 - November: 87 students
 - December: 96 students
- SWAG Activities have included:
 - Tricycle races, recording readings of health related/themed books to provide to lower grade level students, in-person readings of health related/themed books to lower grade level students, updating bulletin boards on campus with relevant health themes, & trunk or treat covering importance of nicotine avoidance & oral healthcare.

CSH Report (Lisa Mundy and Ariel Schaufler)

- Coordinated School Health (CSH) 2nd quarterly meeting - Zoom
 - February 3, 2021
 - Topic: Family and Community Engagement; presented by: Chelsey Moore

Old Business

2020 CHAC Recommendations Update: Arkansas State Board of Education accepted the recommendations as a consent item on its January 14, 2021 agenda. T. Baker has requested to present to Arkansas State Board of Health during the Board's April meeting.

Next Meeting: Thursday, February 18, 2021 from 9:00 a.m. – 12:00 p.m.
Zoom Meeting Only



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P. Casey and C. Hervey inquired about the opportunity to have the Arkansas Board of Health and Arkansas Board of Education provide feedback on CHAC recommendations. L. Harder will reach out to both boards to request feedback.

New Business

Motion to suspend rules to add per diem to agenda: T. Baker moved to suspend rules; C. Hervey seconded. Motion passed.

Motion to add per diem to agenda: C. Hervey moved to add per diem to agenda; M. Kinnison seconded motion; motion passed.

Motion to authorize per diem for travel: M. Brown moved to authorize per diem for travel; C. Hervey seconded motion. Motion passed.

Journal articles provided by Dr. Casey: a discussion regarding the use of BMI, its impact on student self-image, how/if it's used by parents, districts, and state stakeholders. The discussion also included using body-fat in addition to BMI to have a more accurate picture of student health. Mike Motley will provide an update on the state BMI report in February with additional discussion regarding BMI and body-fat.

Maximum Portion Size will be provided via email to CHAC members for discussion in February.

Member Updates

Carole Garner: (Arkansas Academy of Nutrition and Dietetics) National Academy of Nutrition and Dietetics support and will be advocating for the reversal of rollbacks made to the Healthy, Hunger-Free Kids Act of 2010 implementation.

Charles Hervey: ARSHAPE is promoting Random Acts of Kindness week in coordination with national SHAPE. More information can be found here February 16-23:

https://www.shapeamerica.org/events/healthmovesminds/Engagement_Ideas.aspx

Cheria McDonald: School Nurse Survey is completed and has been provided to DESE for approval. Once approved, Cheria will present to CHAC.

Adjourn: 10:00 a.m.

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